What is claimed is:

1. A tampon for feminine hygiene comprising an insertion end, a withdrawal end, a longitudinal axis, and an outer surface;

said tampon being comprised of compressed fibrous material; wherein said outer surface of said tampon comprises a plurality of recessed portions, each of said recessed portions comprising a length dimension, a first side wall, and a second side wall, said first side wall having a proximal end, an opposed distal end, and a wall dimension extending between said proximal end and said distal end, said second side wall having a proximal end, an opposed distal end, and a wall dimension extending between said proximal end and said distal end, said proximal ends of said first and second side walls intersecting one another to form a vertex, wherein the wall dimension of said first wall varies as measured along at least a portion of said length dimension.

- 2. The tampon according to Claim 1 wherein said vertex is parallel with said longitudinal axis.
- 3. The tampon according to Claim 1 wherein said plurality of vertexes are spirally shaped.
- 4. The tampon according to Claim 1 wherein said vertexes are evenly spaced.
- 5. The tampon according to Claim 1 wherein the fibrous material of said tampon has an essentially uniform density over a cross section of the tampon.
- 6. The tampon according to Claim 1 wherein the fibrous material of said tampon has varying density over a cross-section of the tampon.
- 7. The tampon according to Claim 1 wherein said tampon further comprises a core which is highly compressed.
- 8. The tampon according to Claim 1 wherein said withdrawal end further comprises a withdrawal member.
- 9. The tampon according to Claim 1 wherein said withdrawal end further comprises a finger indent.
- 10. The tampon according to Claim 1 wherein the wall dimension of said first wall varies as measured along the entire length dimension.
- 11. The tampon according to Claim 1 wherein the wall dimension of said first wall varies as measured along at least a portion of said length dimension.
- 12. The tampon according to Claim 1 wherein the wall dimension of said second wall varies as measured along at least a portion of said length dimension.

13. The tampon according to Claim 1 wherein the wall dimension of said second wall varies as measured along the entire length dimension.